

## Spring Cleaning with Limoneira Citrus

*DIY Cleaning Solutions and More from Limoneira Spokesperson Megan Roosevelt and Guest Vlogger Ashley's Green Life*

(Santa Paula, CA) – It's March, and that means spring cleaning is on the horizon. As with beauty and culinary pursuits, lemons and other citrus fruits can also support DIY cleaning endeavors. Citrus fruits retain seemingly endless properties that make them the DIY spring-cleaner's secret weapon and a key ingredient in many natural home cleaning solutions. In that spirit, Limoneira spokesperson Megan Roosevelt, alongside guest vlogger March collaborator Ashley from Ashley's Green Life, will be bringing her favorite DIY cleaning methods to the Limoneira YouTube channel all month long.

For a helpful demonstration, you can watch Megan and Ashley create the recipes below [here](#) on the Limoneira YouTube channel. Don't forget to subscribe – videos with more wonderful recipes, tips and tricks not detailed in this release will be added to the channel each Friday throughout the month.

*Limoneira has also partnered with additional global chefs and mixologists, nutritionists, and beauty lifestyle and green cleaning experts to share their knowledge with the customers of our grocery and food service partners around the world. Their biographies can be found on [Limoneira's website](#).*

Take a look at some of this month's DIY beauty tips below.

**Simple Cleaning Solution** – This green cleaning solution will keep any window or mirror pristine – naturally.

Ingredients:

- One spray bottle
- One cup of water
- Two Limoneira lemons

Directions: Juice the lemons and measure out two TBSP of lemon juice. (Optional: Use a fine mesh strainer to remove additional pulp from lemon juice.) Pour cup of water into spray bottle, followed by lemon juice. Shake and use as needed.



**Meyer Lemon Ginger Detox Drink** – Spring cleaning goes beyond the home – sometimes, a detox is just the thing to leave the body feeling refreshed and ready to welcome warmer weather.

Ingredients:

- 3 cups boiling water
- 1 Limoneira Meyer lemon, sliced
- 1 inch fresh ginger, peeled and sliced
- 1/8 tsp ground turmeric

Directions: Add ingredients to a French press and fill with boiling water. Let steep for 30 minutes. Press to strain and enjoy warm or chilled.

Each month, Megan will be featuring another wonderful facet of citrus living. Subscribe to [Limoneira's Youtube channel](#) for more information on the many ways this endlessly versatile fruit can improve life inside the home and beyond.